

**BOARD OF TRUSTEES MEETING MINUTES
MARCH 29, 2023**

Members Present: Tom Sloan (Chair), Pat Miller (Vice-Chair), Rob Chestnut (Treasurer), Dr. Shari Quick (Secretary), Beth Llewellyn, Bob Moody, Tamara Cash, Kristin Salmans, Dr. Beth Roselyn, Dr. Jon Heeb, Dr. Lee Reussner and Dr. Scott Thellman

Staff Members Present: Russ Johnson, Sheryle D'Amico, Traci Hoopingartner, Deb Cartwright, Colleen Browne, Jared Abel, Rebecca Smith, Michael Williams, Brian Bradfield, Danae Johnson, Amy Northrop and Erica Hill

Others Present: Andy Reed and Stacy Harper, Hospital Counsel

Call to Order

The meeting was called to order at 8:30 a.m.

Approval of Consent Agenda

The consent agenda (see below) for the March 29, 2023 meeting was presented for review with approval requested:

- Board of Trustees Meeting Minutes, Feb. 22, 2023 (Exhibit A)
- Finance Committee Meeting Minutes, Mar. 24, 2023 (Exhibit B)
- Medical Executive Committee Recommendations:
 - Medical Staff Appointments and Reappointments (Exhibit C and D)
 - Bylaws Revisions (Exhibit E)

MOTION to approve the agenda and consent agenda.

Made by Beth Llewellyn,

Seconded by Rob Chestnut.

Motion carried.

Chairperson of the Board Report

No report.

Chief of Staff Report

Dr. Jon Heeb welcomed Dr. Kirk Sloan, new CMO at LMH Health. The Medical Staff is excited to start working with him. So far, interactions with Dr. Sloan have been positive.

CEO Report and Executive Team Report

- **CEO Comments:** Russ Johnson reported on the following:
 - **World's Best Hospital 2023:** LMH has been named by Newsweek as one of the World's Best Hospitals in 2023. The organization is one of only four hospitals in Kansas to receive this designation, including The University of Kansas Hospital, Advent Health Shawnee Mission and Wesley Medical Center.
 - The evaluation was based on factors including:
 - Hospital recommendations from medical experts received through an international online survey that included more than 80,000 doctors, hospital managers and healthcare professionals
 - Patient experience surveys measuring patient satisfaction with hospitals

- Hospital quality metrics including data on quality of care for treatments, hygiene measures, patient safety and staffing
 - This award is a recognition is a credit to LMH’s workforce—nurses and physicians, teams in environmental services, respiratory therapy and so many other areas who give their all. LMH is proud of their work and what it means to our patients and community.
- **Rooftop garden:** Longtime Lawrence residents Bill and Marlene Penny recently made a generous gift in honor of their late son, Nate, to support renovation of the hospital’s rooftop garden. Nate loved the outdoors and the Pennys understand the positive impact sunshine has from a morale and mental health perspective. Many community members have also joined the Pennys to offer financial support for the project, including a contribution from the LMH Health medical staff. LMH is pleased to share that work is very close to being completed on this space, which now includes a wheelchair lift, new furnishings, cover from the elements, and soon, new plantings and an expansive Kansas landscape mural by local artist Louis Copt. The rooftop garden will be used and enjoyed more frequently by the organization’s patients and their families – and especially our employees. As LMH thinks about ways in which to show appreciation for employees in the coming year, this project will help provide an opportunity to bring some fresh air and sunlight into their day.
- **Treatment and Recovery Center:** Bert Nash Community Mental Health Center has come to an agreement on an opening timeline for the Treatment and Recovery Center (TRC) with Douglas County. The Urgent Care Unit (formerly known as the Access Center) is tentatively scheduled to open on April 10 and the Observation and Stabilization Units are tentatively scheduled to open on May 25. This allows for the implementation of a new electronic medical record, SmartCare by Streamline, which is set to launch on May 15. Once the Urgent Care Unit is open, the facility will operate 365 days per year and will be available 24/7/365 upon the opening of the remaining units. Another vital aspect of the project is the role of DCCCA around their Peer Support Professionals, which are intended to add both the peer aspect to the TRC’s services but also some substance use disorder experience since the facility accepts individuals experiencing mental health, substance use or a combination of both. Bert Nash is working through logistics with DCCCA leadership and hope to make significant progress in the coming weeks toward contracting with them, with the hope of having peer services in place by May 25.
- **Rural Health Updates from the Physician Enterprise:** Jared Abel, VP Strategy and Clinical Operations, reported on the activities related to rural health designation for several of LMH’s outlying clinics.
- **Strategic Clinical Relationship Update:** Sheryle D’Amico, SVP for Strategic Integration, provided an update on the current areas of the partnership and also shared that conversations are also underway in Quality and regarding the transfer of patients to and from our systems.
 - **Kansas Sports Medicine:** Last week, LMH Health OrthoKansas and The University of Kansas Health System Orthopedics and Sports Medicine announced a collaboration to launch Kansas Sports Medicine, a unique healthcare program that will provide outstanding sports medicine care to athletes of all ages and skill levels in the Lawrence community and beyond. Kansas Sports Medicine will provide comprehensive, sport-specific treatments and therapies to athletes of all ages and skill levels, from middle and high school athletes to adult weekend warriors and masters athletes. Physicians, surgeons, therapists and other clinicians will be focused on helping every athlete return to their pre-injury performance level as safely and quickly as possible. Most appointments with Kansas Sports Medicine staff will occur at the LMH Health West Campus. However, KU students, staff and faculty can obtain orthopedic evaluations and treatments at Watkins Memorial Health Center.
 - **Lawrence Vascular Surgery:** Lawrence Vascular Surgery began operating within the Lawrence General Surgery suite at the Main Campus since the first week of October. The vascular team had 86 clinic visits during the third quarter of 2022 and surpassed those numbers in January and

February 2023 with 108 clinic visits. Through the end of February, the vascular team has done 87 surgical cases in either the cath lab or operating room. This reinforces the intent of our relationship, as these 87 patients and families would have otherwise had to travel out of town for procedures that can safely be done at LMH Health.

- **Maternal Fetal Medicine:** Ms. D'Amico also shared an update on the maternal fetal medicine collaboration. The clinic had 744 patient encounters in 2022 and has already provided more than 200 this year, meaning these residents didn't have to leave our community for care.
- **YTD Financial Results:** Deb Cartwright, SVP and Chief Financial Officer, shared a brief update on LMH Health's year-to-date finances. For both the hospital and physician clinics through the first two months of 2023, we have provided \$56 million in compensated care, \$6 million in discounted care for self-pay patients, \$1 million in charity care and realized \$2 million in bad debt. With \$57 million in expenses, LMH Health is at an operating loss, but we are outperforming our budget projections. LMH approached the 2023 budget with an understanding that in order to recover from the pandemic and workforce changes, we would have to engage in practices that looked at efficiencies. This will equate to \$20 million in improved performance, and that doesn't happen overnight. The first quarter budget anticipates losses and the fourth quarter high revenues. LMH anticipates a 2% operating margin by the end of the year. Looking at EBIDA (Earnings Before Interest, Depreciation and Amortization) – the metric we use to measure our effectiveness – LMH Health is ahead of target after the first two months of the year.

Open Discussion

Dr. Shari Quick and Beth Llewellyn reminded the group about the LMH Health Foundation's upcoming Rock the Block event taking place on April 15th. They both encouraged the Board members to attend.

Executive Session

Motion was made to recess into executive session. The subject matter of the executive session will be to discuss with legal counsel 1) the legal requirements of HIPAA, 2) and legal risks associated with the operations of the hospital as authorized by Sections 75-4319(b)(2) of the Kansas Open Meetings Act which authorizes consultation with the hospital's attorney on matters deemed privileged by the attorney-client privilege. The executive session included the appointed Trustees, the following employees: Russ Johnson, Sheryle D'Amico, Traci Hoopingarner, Michael Williams, Danel Cupps, and legal counsel from Spencer Fane LLP. The open meeting reconvened at 10:00 am.

MOTION made by Pat Miller,
Seconded by Bob Moody.
Motion carried.

Executive Session - Continued

Motion was made to extend the executive session. The subject matter of the executive session will be to discuss with legal counsel 1) the legal requirements of HIPAA, 2) and legal risks associated with the operations of the hospital as authorized by Sections 75-4319(b)(2) of the Kansas Open Meetings Act which authorizes consultation with the hospital's attorney on matters deemed privileged by the attorney-client privilege. The executive session included the appointed Trustees, the following employees: Russ Johnson, Sheryle D'Amico, Traci Hoopingarner, Michael Williams, Danel Cupps, and legal counsel from Spencer Fane LLP. The open meeting reconvened at 10:15 am.

MOTION made by Pat Miller,
Seconded by Rob Chestnut.
Motion carried.

Adjournment

With no further business presented, a motion was made to adjourn the meeting at 10:15 a.m.

MOTION made by Pat Miller,
Seconded by Bob Moody.
Motion carried.

Respectfully submitted,

A handwritten signature in blue ink that reads "Shari Quick". The signature is written in a cursive style with a large initial "S".

Dr. Shari Quick, Secretary of the Board